Michigan Department Health and Human Services WIC Program

Instructions for Michigan WIC Special Formula/Food Request Form

Medical Documentation must be written and may be provided to the WIC clinic as an original written document or a faxed copy. Only when absolutely necessary, a telephone order to a WIC Competent Professional Authority (CPA) containing all required information may be used. Written confirmation must be provided to the local clinic within two weeks.

You must make a selection in Sections 1, 2, 3*, and 5 (Section 4 is optional). Also include the Medical Provider Name, Phone, FAX, Address, Signature, and Date.
*Indicate if an infant is eligible for all age appropriate WIC foods starting at six months of age.

Medical documentation must be completed for the following situations:

- 1. Women and children ≥12 months of age who receive Special Formulas due to a qualifying medical condition, and need to have whole or 2% milk substituted for other standard milk fat quantities.
- 2. Children who receive Special Formulas due to a qualifying condition who need to have soy beverage substituted for milk due to a milk allergy, lactose intolerance, vegetarian/vegan diet, cultural practice or other qualifying medical condition.
- 3. Women, infants, and children with a qualifying medical condition requiring a Special Formula.
- 4. Children (1-5 years old) with a qualifying medical condition requiring a Contract Formula.

The Michigan WIC Program contracts with a formula company to provide a specific brand of iron-fortified infant formulas. Enfamil Infant, Enfamil ProSobee, Enfamil Gentlease, and Enfamil A.R. are the Contract Formulas provided by the Michigan WIC Program which do not require medical documentation for infants. All other formulas require medical documentation prior to benefit issuance.

- 5. Women, infants (6-11 months), and children with a qualifying medical condition and receiving WIC formula may also receive supplemental foods with medical documentation.
- 6. Qualifying medical conditions include but are not limited to:
 - Premature birth
 - Low birth weight
 - Failure to thrive
 - Inborn errors of metabolism and metabolic disorders
 - Gastrointestinal disorders
 - Immune system disorders

- Severe food allergies that require an elemental diet
- Life threatening disorders, diseases and medical conditions that impair ingestion, digestion, absorption or utilization of nutrients that could adversely affect nutritional status

If you have any questions or comments regarding medical documentation requirements or completing the forms, please call your local WIC clinic.